

Middle East Situation

Information Cut-Off: 0800h (GMT), 26 March 2026

Executive Summary

Iran continued to deny negotiations overnight, while launching missiles across the Gulf and towards Israel. In the UAE, debris from an interception killed two people in Abu Dhabi, while a projectile damaged a building in Bahrain.

Iranian officials warned that an adversary, backed by a regional country, is planning to seize Iranian islands. Tehran has threatened to target the vital infrastructure of the supporting nation and close the Bab el-Mandeb Strait, which connects the Red Sea to the Indian Ocean, should such an attack occur.

Iran

Airstrikes were reported in Tehran and Isfahan this morning. Last night, coalition strikes damaged Lamerd International Airport in Fars province; no injuries were reported as the airspace had already been restricted.

The Iranian foreign minister stated yesterday evening that no talks with the US have taken place and that none are planned.

The Iranian parliament speaker claimed yesterday evening that an adversary backed by an unnamed regional country is planning to seize an Iranian island. The official added that if attacks took place, the regional country's vital infrastructure would be targeted. US media have suggested Iran is preparing to defend Kharg Island, which processes 90 per cent of the country's crude oil exports.

The Iranian parliament is drafting a bill to formalise the imposition of fees on vessels transiting the Strait of Hormuz.

Israel

Iranian missile fire injured two people in Kfar Qasim this morning, in the north-eastern environs of Tel Aviv. Sirens were triggered in Tel Aviv, Jerusalem and the West Bank earlier today.

Hezbollah rocket fire has triggered sirens in northern areas this morning; no injuries have been reported.

United States

The White House press secretary said yesterday evening that attacks on Iran will increase if the country fails to acknowledge its military defeat. The secretary added that talks have been and continue to be productive, despite public denials from Iranian leadership.

Regional

United Arab Emirates

Debris from an intercepted Iranian missile killed two people and injured three others on Sweihan Street, Abu Dhabi, this morning. Alarms were triggered on mobile phones prior to the attack.

Bahrain

An Iranian projectile caused a fire at an unnamed facility in Muharraq Governorate overnight, causing no injuries. Sirens had been triggered before the impact.

Sirens were triggered again this morning, with no confirmed injuries or damage.

Saudi Arabia

Several Iranian drone attack waves have been intercepted over the Eastern Province and Riyadh this morning. No injuries or damage have been reported.

Kuwait

At least two Iranian drones have been intercepted this morning; no injuries or damage have been reported.

The Ministry of Interior announced this morning that six people with ties to Hezbollah have been arrested for planning to assassinate national leaders. 14 others were also identified, but they had already fled the country.

Lebanon

Two people have been killed and eight others injured by an Israeli airstrike in Nabatieh, southern Lebanon, this morning.

Overnight, three people were killed and 11 others injured by Israeli airstrikes in Qounine, southern Lebanon.

Travel

Maritime

Lloyd's List reported yesterday that Iran has established a "toll booth regime" in the Strait of Hormuz. It added that 26 vessels have transited the Strait via a pre-approved, vetted route; at least two vessels have paid for transit using yuan.

An Iranian military source told CNN that Iran may open additional fronts, including the Bab el-Mandeb Strait, if the US attempts to conduct hostile actions against Iranian islands.

This morning a drone stuck a Turkish oil tanker in the Bosphorus Strait.

Advice

- Do not travel to the Middle East.
- Avoid all travel within the region unless safe travel can be guaranteed.
- Shelter in place in a secure location.
- Follow instructions from local authorities and any national embassy guidelines.
- Monitor official updates and ensure phones are set up to receive alerts.
- Avoid any demonstrations or gatherings in the region.
- Globally, reconsider travel to any locations with links to Israel or Judaism.
- If you need further support, or wish to discuss options for evacuation, call NGS.

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