

Middle East Situation

Information Cut-Off: 0900h (GMT), 24 March 2026

Executive Summary

A senior Iranian foreign ministry official has informed US media that Iran has received proposals from the US and that they are currently being reviewed. US media continue to express scepticism over negotiations, however, citing the fact that the deadline for talks coincides with the deployment of US infantry forces to the region.

Iran has fired drones and missiles at Israel and Gulf countries overnight and this morning, causing several injuries in Tel Aviv and other central and northern areas, in addition to setting an industrial facility on fire in Bahrain.

Iran

A senior Iranian foreign ministry official has informed US media that Iran has received proposals from the US and that they are being reviewed.

Airstrikes have targeted Tehran, Tabriz, Isfahan and Karaj overnight. Injuries and damage have not been confirmed. State media confirmed this morning that attacks targeted energy facilities in Isfahan and Khorramshahr yesterday: it is unclear whether they occurred before President Trump instructed the US to suspend attacks on Iranian energy installations.

US Central Command announced yesterday that over 9,000 targets have been struck and over 140 Iranian vessels have been damaged or destroyed since fighting began.

Hundreds of people gathered at Enghelab Square and on Valiasr Road in Tehran to show support for the government.

Israel

Iran has fired at least seven missile attack waves at northern, central and southern areas this morning. Residential buildings have been damaged in Nesher, near Haifa, and in Tel Aviv. At least six people have been confirmed injured so far. It appears the attacks consisted of cluster munitions.

Hezbollah rocket fire triggered sirens in the Galilee region this morning, causing no confirmed injuries or damage. Hezbollah rocket fire has triggered sirens in Acre and the Krayot suburbs of Haifa this morning. No injuries or damage have been reported.

China has urged its nationals to leave Israel "as soon as possible", citing the increased frequency and intensity of missile and drone attacks on the country.

The Israeli military announced yesterday evening that an infantry battalion is being redeployed from the Lebanon border to the West Bank amid an increase in settler violence.

United States

The White House press secretary has tempered talks with Iran, warning that the situation remains fluid and that speculation about meetings should not be seen as final until they are formally announced.

US media continued to express speculation over the legitimacy of negotiations yesterday evening, given that the deadline for talks coincides with the arrival of US infantry deployments to the region.

Regional

Kuwait

Several Iranian drone and missile attacks have triggered sirens throughout the night. Power cuts have been reported this morning after debris from interceptions damaged seven power lines.

Saudi Arabia

Iranian drones have been intercepted in the Eastern Province overnight; no injuries or damage have been reported.

Bahrain

Sirens have been triggered throughout the night and into this morning. A fire at an industrial facility has been reported, but the extent of damage or injuries has not been confirmed. Amazon Web Services have been disrupted, but it is unclear whether this resulted from a primary or secondary impact.

Oman

The US embassy lifted the shelter-in-place order for Muscat yesterday evening; restrictions remain in place elsewhere.

Lebanon

An Israeli airstrike killed two people and injured five others in Bechamoun overnight, just south of Beirut. Israel conducted seven airstrikes in southern Beirut overnight, according to local media. Yesterday evening, an Israeli airstrike hit an ambulance and killed one paramedic in Tyre.

Iraq

US airstrikes targeting a gathering of militant leaders in Anbar province killed seven people yesterday evening. Two hours previously, airstrikes were also reported on a militant base in Jurf al-Sakhar, Babil province.

Syria

Five rockets fired from Iraq targeted a military base near Al-Yarubiyah, the Syrian military reported yesterday evening. The attack is consistent with activity by Iranian-aligned militant groups.

Travel

Aviation

Lufthansa has suspended flights to Dubai and Tel Aviv until 31 May. Services to Abu Dhabi, Amman, Beirut, Riyadh, Dammam, Muscat, and Tehran are suspended until 24 October.

Advice

- Do not travel to the Middle East.
- Avoid all travel within the region unless safe travel can be guaranteed.
- Shelter in place in a secure location.
- Follow instructions from local authorities and any national embassy guidelines.
- Monitor official updates and ensure phones are set up to receive alerts.
- Avoid any demonstrations or gatherings in the region.
- Globally, reconsider travel to any locations with links to Israel or Judaism.
- If you need further support, or wish to discuss options for evacuation, call NGS.

Contact us

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