

# Middle East Situation

**Intelligence Cut-Off:** 0600h (GMT), 20 March 2026

## Executive Summary

Overnight, Iranian drones struck Kuwait's Mina al-Ahmadi refinery, sparking a fire. In Bahrain, falling debris from an aerial interception ignited a warehouse. No injuries were reported in either incident.

Israel has pledged to halt strikes on Iran's South Pars Gas Field, after Iran said all regional energy infrastructure would be targeted if the site was attacked again.

## Iran

At least five airstrikes targeted Tehran this morning, causing significant damage to the Parchin Military Complex. Additional air attacks hit Karaj, Kerman, and Lengeh Port in Hormozgan province.

Prime Minister Benjamin Netanyahu confirmed that Israel will cease attacks on the South Pars Gas Field. He added that Iran no longer possesses the ability to enrich uranium or produce ballistic missiles, fulfilling the initial war aims announced by the US before the conflict.

Meanwhile, unconfirmed reports indicate the US is deploying 4,000 Marines and sailors to the region, a force that allegedly includes amphibious landing vehicles.

## Israel

Rocket sirens intensified this morning following four separate activations in the Jerusalem area. Overnight, Iranian cluster munitions targeted northern Israel, triggering sirens in Haifa, though authorities have confirmed no injuries.

Starting Sunday (22 March), the government will ease several educational and social restrictions. Gatherings of up to 100 people indoors and 50 people outdoors will be permitted in specific regions, provided participants have access to adequate nearby shelter. Residents can find a full list of local restrictions on the Home Front Command website.

## Regional

### **Kuwait**

Iranian drones attacked the Mina Al-Ahmadi oil refinery this morning, causing a fire in several areas of the site. Interceptions were reported at least twice overnight.

### **Bahrain**

Shrapnel from an interception fell on a warehouse and caused a fire this morning.

### **UAE**

Explosions from air defense systems were reported over Dubai this morning, with no confirmed injuries or damage.

Authorities dismantled a terrorist cell funded by Iran yesterday evening. The individuals are accused of money laundering, funding terrorism, and threatening national security.

### **Saudi Arabia**

Iran has launched multiple waves of missiles and drones since yesterday evening. Interceptions were reported over the Eastern and Al Jowf provinces, with no confirmed injuries or damage.

### **Lebanon**

Israel issued evacuation warnings via mobile phones in the Bekaa Valley yesterday evening. Over 100 evacuation orders have been imposed in recent days, primarily in southern Lebanon south of the Zahrani River. There have been reports of small arms clashes between the Israeli military and Hezbollah militants in southern areas near the Israeli border overnight.

## Travel

### Turkey - Iran

The Turkish Interior Minister has said that Iran is restricting Iranian nationals from crossing into Turkey.

## Advice

- Do not travel to the Middle East.
- Avoid all travel within the region unless safe travel can be guaranteed.
- Shelter in place in a secure location.
- Follow instructions from local authorities and any national embassy guidelines.
- Monitor official updates and ensure phones are set up to receive alerts.
- Avoid any demonstrations or gatherings in the region.
- Globally, reconsider travel to any locations with links to Israel or Judaism.
- If you need further support, or wish to discuss options for evacuation, call NGS.



## Contact us

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