

Information Cut-Off: 1200h (BST), 22 July 2026

Executive Summary

The US conducted its eleventh day of consecutive strikes overnight (21-22 July), targeting several regions including Tehran; military infrastructure was the primary target. Iran responded with attacks on Bahrain, Kuwait and Jordan.

The US has expressed its willingness to negotiate, provided Iran does so in a “meaningful” way. Iranian representatives have travelled to Pakistan amid ongoing discussions of a possible 10-day ceasefire.

The Houthis in Yemen have warned international shipping companies not to load or discharge goods at Saudi ports.

Conflict

The US military completed its eleventh night of strikes on Iran overnight (21-22 July), targeting operations centres, maritime capabilities, drone sites and aircraft hangars. Iranian state media claimed strikes occurred in Tehran, Sistan and Baluchistan, Bushehr, East Azerbaijan, Hamadan, Hormozgan and Khuzestan provinces.

Iranian attacks triggered missile alerts in Aqaba in Jordan this morning (22 July), with authorities saying four missiles were intercepted while two fell in open areas. At least four drones were also intercepted. No casualties or injuries have been reported. Iran said it was targeting the Muwaffaq Salti Air Base in Azraq.

Iranian attacks triggered sirens yesterday evening (21 July) in Bahrain and Kuwait, no casualties or damage have been reported. Iran announced it was targeting the US Isa Air Base and the Ali Al Salem Air Base. Iran claimed it had destroyed US radars in Ali Al Salem and another radar system on Bubiyan Island.

Diplomacy

US Secretary of State Marco Rubio said yesterday (21 July) that the US is willing to negotiate an end to conflict with Iran, but that Iran is not “serious about talks”.

President Trump issued similar signals to the US Secretary of State, saying “until they're ready to meet in a meaningful way, we have no interest,”. He added that the US may bomb Iran’s Pickaxe Mountain, a suspected Iranian nuclear site. Iran responded by warning it would view an attack on nuclear facilities as an expansion of the war.

Iranian Interior Minister Eskandar Momeni has travelled to Pakistan, discussing a 10-day ceasefire deal with the US according to international media.

United States

US Defence Secretary Pete Hegseth said yesterday (21 July) that the cost of the war so far has been USD37.5bn.

Strait of Hormuz

The IRGC (Iran’s most influential security body) said that its attacks on two ships attempting to pass the strait led to “massive fires” and that the strait will remain closed as long as US attacks continue.

French shipping company CMA CGM will impose emergency surcharges from 01 August due to heightened tensions in the strait and rising fuel prices.

Lebanon

Israeli forces opened fire near Lebanese military positions in southern Lebanon yesterday (21 July). The Lebanese soldiers were occupying “pilot zones”, areas from which the Israeli military had withdrawn.

The Lebanese Red Cross reported yesterday that two of its paramedics were injured when an ambulance hit a landmine in the Zawtar al-Sharqiyah area.

Lebanese President Joseph Aoun met with President Trump yesterday, likely discussing Israel’s continued operations in the country and the disarmament of Hezbollah. President Trump later announced that direct flights between the US and Lebanon will resume, for the first time since 2009.

Regional

Saudi Arabia

The White House plans to announce a nuclear enrichment deal with Saudi Arabia today (22 July), according to US media. Some congressmen have expressed concerns that it may allow the kingdom to develop nuclear weapons eventually.

Travel

Aviation

Iraq's Erbil International Airport halted flights yesterday (21 July) following drone attacks in the area. Flights have since resumed.

Air India has extended its flight suspension to Israel until 30 September. Flights were expected to resume at the end of August.

Maritime

The Houthis in Yemen sent a mass message to shippers, threatening to attack ships that load or discharge goods at Saudi ports. At least six ships have since aborted travel after the threats.

Advice

- Reconsider all travel to Israel, Iran and Lebanon (especially south of the Litani River, Dahiyeh in Beirut, and in the Beqaa Valley).
- Be aware that US facilities throughout the Gulf are potential targets for Iranian attacks, and avoid all such sites whenever possible.
- Monitor international media and relevant embassy/diplomatic advisories to remain aware of any fresh developments and to ensure receipt of all attack warnings, and follow all guidelines.
- Ensure awareness of the nearest shelter in the event of air sirens.
- Avoid any demonstrations or gatherings in the region that appears to be linked to the US/Israel – Iran conflict.
- Globally, reconsider travel to any locations with links to Israel or Judaism.
- Aviation travellers should anticipate schedule changes and limited seat availability, should allow additional connection time and should confirm flight status directly with the operating airline before travelling to the airport.
- If you need further support, or wish to discuss options for evacuation, call NGS.

Contact us

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