

Middle East Situation

Information Cut-Off: 1000h (BST), 31 March 2026

Executive Summary

Massive strikes have been conducted in Tehran and Isfahan overnight.

Interceptions of drones were reported over Dubai this morning, causing some minor injuries and property damage.

US media has reported that President Trump is now considering an end to the war without having guaranteed the reopening of the Strait of Hormuz, and that he is looking to involve European powers in the securing trade flows.

Iran

The Israeli military reported this morning that it had completed a heavy wave of strikes in central Tehran this morning. Power outages were reported in the city, due to shrapnel damage to an electrical substation, and Tehran Mehrabad Airport was hit with several strikes. Massive strikes and destruction were also reported across Isfahan.

The 87th wave of Iranian strikes against Israel, reported this morning, was apparently conducted by the Iranian navy, according to the government, despite the US administration having previously reported that the Iranian navy had been destroyed in the first few days of US/Israeli air strikes.

According to Iranian media, large-scale public demonstrations took place in Karaj last night, with thousands reportedly rallying in support of the government and military.

According to Iranian media, two people have been arrested in north-west Iran for sending information to US and Israeli espionage agencies.

Israel

Hezbollah announced three attacks on Israel this morning, the first at an air defence system in Maalot-Tarshiha with drones, the second on an Israeli military checkpoint at Misgav-Am, the third on an Israeli tank outside Al-Qantara in southern Lebanon.

Iran's missiles launched towards Israel this morning caused alarms to be set off in Jerusalem and Shfela, but no reports of casualties.

The Bazan oil refinery, in Haifa, has been hit for a second time, causing a fire; Hezbollah claimed responsibility.

United States

The US media has reported that President Trump is considering ending the war even without the reopening of the Strait of Hormuz, but is looking at diplomatic options to resume trade and encourage regional and European nations to get involved: this has not been verified by other media sources.

Regional

The Saudi, Qatari and Jordanian leaders have held a summit to warn that Iranian attacks on civilian infrastructure are a dangerous escalation.

United Arab Emirates

At least five explosions were reported in Dubai this morning, and the UAE government has confirmed that air defences have been engaged against Iranian missiles and drones. Falling debris from the interceptions caused property damage in the south of the city; four foreign nationals were confirmed as having received minor injuries. Dubai police have urged citizens not to approach debris.

A fire has broken out on a vessel at Dubai port after an Iranian attack on a fully loaded Kuwait Petroleum Company oil tanker. The KPC has warned that it could lead to an oil spill. However, the Dubai media office reported that the incident was successfully contained, and that there were no injuries and no oil leakage.

Lebanon

Israeli air strikes increased across southern Lebanon, including strikes on Nabatieh, Abba, Doueir, Al-Samouqa and Al-Mashaa.

Saudi Arabia

The Ministry of Defence has reported that 10 drones and eight ballistic missiles were successfully intercepted overnight and this morning. Debris from a drone shot down above Al-Kharj damaged six houses.

Iraq

The Islamic Resistance in Iraq (IRI, a coalition of Tehran-aligned Shia militias) has claimed 19 operations against US military bases in Iraq over the previous 24 hours.

The Popular Mobilisation Forces (PMF, a Tehran-aligned paramilitary group that is legally part of the Iraqi army) reported overnight that US air strikes had been carried out on two of their bases in Babil and Anbar provinces. Kurdish security forces in Sulaymaniyah were also targeted overnight by drones and missiles. No casualties were reported.

Travel

Maritime

Three Chinese container vessels passed through the Strait of Hormuz yesterday, having reportedly conducted the necessary diplomatic engagement.

Advice

- Do not travel to the Middle East.
- Avoid all travel within the region unless safe travel can be guaranteed.
- Shelter in place in a secure location.
- Follow instructions from local authorities and any national embassy guidelines.
- Monitor official updates and ensure phones are set up to receive alerts.
- Avoid any demonstrations or gatherings in the region.
- Globally, reconsider travel to any locations with links to Israel or Judaism.
- If you need further support, or wish to discuss options for evacuation, call NGS.

Contact us

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